



Luncheon Menu

2026



LUNCHEONS

\$13.00 per person

#1 Cold Buffet

Sliced Smoked turkey, Smoked Pit ham, roast beef, and American cheese. All accompanied by Brioche rolls, pretzel rolls and croissants. Also included is a bowl of chips, pickles, our scratch cookies, choice of potato, macaroni, or pasta salad and a beverage per person.

#2 Grilled Chicken Spinach Wrap

Grilled chicken, onion straws, cheddar cheese, and lettuce with a BBQ/ranch sauce in a spinach wrap.

Served with a bowl of chips, scratch cookies, choice of potato, macaroni, or pasta salad and a beverage per person.

#3 Mini Sandwiches

Smoked turkey, Smoked Pit ham and chicken salad* (made with walnuts and craisins), paired with an assortment of mini rolls to make just the right size sandwich. A bowl of mixed salad greens topped with cran-raisins, mandarin orange slices and walnuts, assorted dressings, and a bowl of chips. Also included are scratch cookies and a beverage per person.

#4 Wraps

An assortment of wraps made with tuna salad, chicken salad*, smoked pit ham, and smoked turkey. Accompanied by a bowl of fresh fruit salad, choice of potato, macaroni or pasta salad, a bowl of chips, scratch cookies, and a beverage per person.

Luncheon canned/bottled beverages: Pepsi, Diet Pepsi, Sprite, Root Beer, Brisk Tea, bottled water

BOXED LUNCHESES

\$13.00 each

#1 The Wrapper

A whole wheat tortilla with smoked turkey and parmesan garlic spread or Smoked Pit ham and honey mustard spread with American cheese, tomatoes, and lettuce. Each box includes a fruit cup, scratch cookie, a beverage, and a cold side+.

#2 The Traditional

Your choice of smoked turkey, Smoked Pit ham, or roast beef with American cheese, lettuce, and tomato on a soft Brioche roll. Each box includes a fruit cup, scratch cookie, a beverage, and a cold side+.

#3 The Vegetarian/Vegan

GF wrap filled with falafel, tomatoes, black olives, red onion, cucumber, green peppers, and a vegan tzatziki sauce. Each box includes a fruit cup, scratch cookie, a beverage, and a side of pasta salad.

#4 Gluten-Free Options

Any boxed lunch can be made on a gluten free wrap. Accompanied by a cup of fresh fruit, potato salad, a gluten-free cookie, and a beverage.

#5 Gourmet Chicken or Tuna Croissant

A generous portion of white albacore Tuna or Chicken salad* on a Croissant, topped with lettuce and tomato. Each box includes a fruit cup, scratch cookie, a beverage, and a cold side+.

BOXED LUNCHESES cont'd

#6 Gourmet Italian Wrap

Capicola ham, Virginia ham, Salami and provolone cheese with lettuce, tomato, and Italian dressing in a garlic herb wrap. Each box includes a fruit cup, scratch cookie, a beverage, and a cold side+.

#7 Grilled Chicken Spinach Wrap

Grilled chicken, onion straws, cheddar cheese, and lettuce with a BBQ/ranch sauce in a spinach wrap.

Each box includes a fruit cup, scratch cookie, a beverage, and a cold side+.

#8 Chef or Crispy Chicken Salad

Chef includes Ham, Turkey and Swiss. Both include salad greens with hard boiled eggs, tomato, green pepper, bread stick, and choice of dressing. Includes a scratch cookie and beverage.

***Chicken salad is available with or without nuts**

****Any sandwich or wrap can be made on a gluten-free wrap with potato salad**

+Cold side refers to pasta, potato or macaroni salad.



Extras Menu

2026



EXTRAS

Fruit Tray

~ A selection of in-season fruits with dip

Small/Serves 10-16	\$31.00
Medium/Serves 16-20	\$40.25
Large/Serves 20-28	\$48.50

Veggie Tray

~ baby carrots, celery, broccoli, cauliflower, and dip

Small/Serves 10-12	\$27.00
Medium/Serves 14-16	\$32.25
Large/Serves 20-25	\$37.50

Tossed Salads

~ with cheese, tomato, egg, and green pepper

Small Bowl Serves 10-12	\$27.50
Large Bowl Serves 18-20	\$39.25

Pasta Salad

~ tomato, black olive, onion, green pepper

Small/Serves 12-15	\$34.00
Large/Serves 16-20	\$45.00

Macaroni Salad

Small/Serves 12-15	\$34.00
Large/Serves 16-20	\$45.00

Potato Salad

Small/Serves 12-15	\$34.00
Large/Serves 16-20	\$45.00

Lettuce, Tomato and Onion tray ~ \$2.50 Per Person

Pretzels or Chips by bowl ~ \$6.50 per bowl

Bottled Water	\$1.50 each
Canned Soda	\$1.25 each

Cookies – \$11.00 per dozen

Chocolate Chip, Oatmeal Raisin, Soft Sugar and Peanut Butter

Chocolate Brownies - \$12.00 per dozen

The Sassy Gourmet is the catering division of the food service training program at the S. Wilson Pollock Center for Industrial Training (CIT). Trainees learn food preparation, baking, catering, cafeteria service, cashiering, and related food service utility work.

We offer a wide variety of luncheons for your business meetings.

We can deliver a self-serve luncheon or our popular boxed lunches, plus we have a large assortment of extras to make everyone happy.

To order:

Email [UniqueSource](mailto:UniqueSource@uniquesource.com)

Catering@uniquesource.com

Hours:

Monday – Friday

Delivery from 8:30am –

2:30pm

\$25 delivery fee

Minimum order of 10 lunches is required.

We ask that orders be placed **72** hours in advance.

Labeling boxes with individual names is available with an upcharge of \$0.35 per box.

NOTE: Scratch baked cookies are made with vegetable shortening or butter.